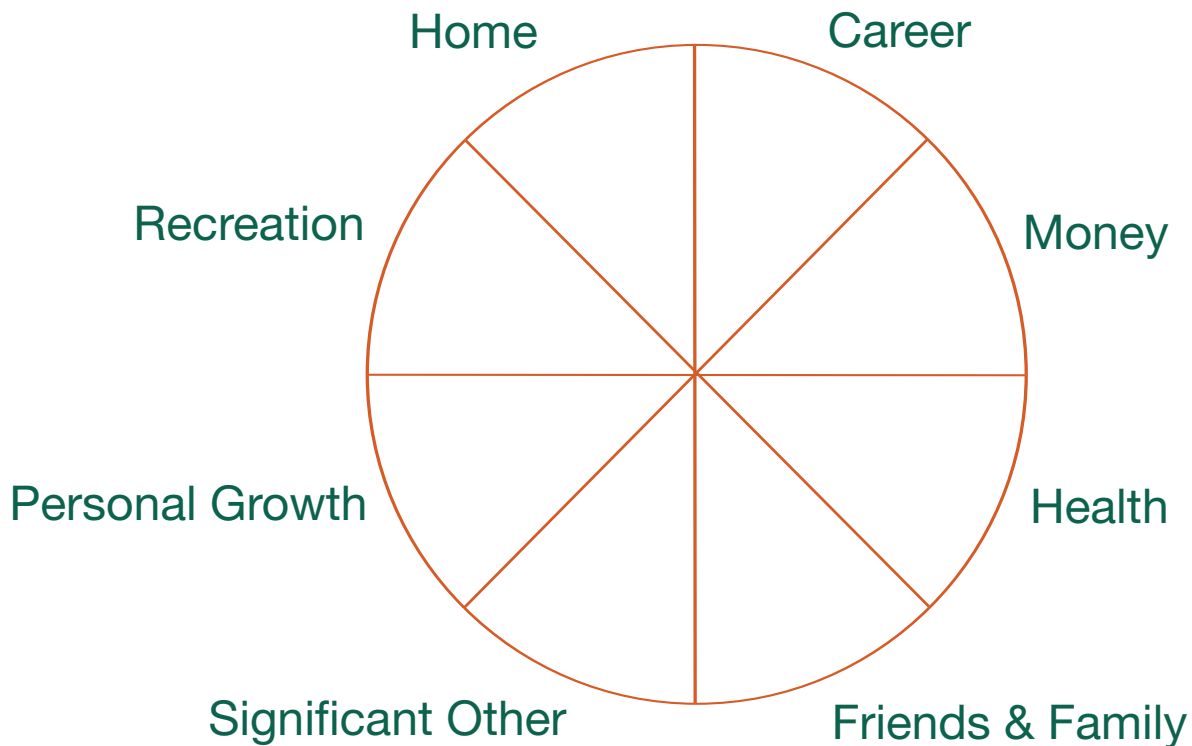


Wheel of Life Assessment

The Wheel of Life represents the eight areas of a balanced life. Take the time today and determine how satisfied you are with each section of your life. Are you living in balance or is your wheel taking you on a bumpy ride?



Directions:

Rate each area of your life using the rating scale of 0 -10. 0 being the least satisfied and 10 being the most satisfied with your life. To obtain a true visual, shade the areas according to your score. 10 would be a fully shaded area and 0 would not be shaded.

I would welcome the opportunity to discuss your results with you. Please contact Coach Melinda at melinda@pathseekerslifecoachng.com or (856) 914-0002.